

May 1979

NEW NEWSLETTER EDITOR APPOINTED

We have drawn upon the knowledge of the Davis family to help coordinate the FWTC newsletter. Gay, Brett, Mark, and Vicki are really enthusiastic about improving our newsletter. If you have any comments or suggestions on improving our newsletter, please let them hear from you.

According to Gay, each month you will read something that will be of interest to you or to those wives, husbands, and kids that do not run. Training techniques, race preparation, and nutrition; as well as personal experiences, will be topics reported.

Gay would like to have race directors mail to him race schedules and results as soon as possible, but no later than the 15th of the preceding month. If you wish to place an article or an ad in each month's issue, it must arrive by the 15th. That gives him a weekend to put it together, it gives the typist and printer a week to print and assemble the copy, and it gives the mailing clerks a weekend to sort and mail it. All personal results and times will be published by dropping a 9c postcard in the mail. Also, include some comments about the race.

Advertising is requested. Currently, the advertising rate will be \$20.00 for a full-page, but the ad must be prepared. Race announcements, as a part of our regular race schedule, are free. So if you are out of town on a weekend, pick up some race announcements and send them in.

We are sure the Davis family will set new guide lines for us to follow. Give the Davis family your full support and appreciation in the coming months for a better newsletter.

Gay Davis  
11225 Shalimar Drive  
Ft. Wayne, Indiana 46825

LSD SHORTS

There has been a major change in the reorganization of the Hoosier Road Runner's Club. The reorganization plan proposed was to allow existing clubs in the state to make appointments to the HRRC Congress with their respective zones.



Our zone code 468 (zip code area) is in need of a delegate to represent the FWTC. The delegates main responsibilities will be to serve our needs of our club races and activities on a state wide scale. Therefore, our own growth and enormous increase in individual participation outside the club can be shared outside the club framework.

The Congress meets four times each year, beginning at the Annual General Membership Meeting in Muncie; then Carmel (Sam Costa); Terre Haute (Marathon-Marathon), and Plymouth (Blueberry Stomp). If you would like to be a delegate, take a few minutes of your time and call Charles Brandt, 432-9110, or Don Lindley, 456-8739, so we can complete an official form to be mailed to the President of HRRRC.

Don Lindley - Treasurer

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Reminder: Save your newspapers. The FWTC is still making money on your old newspapers. Contact Don Lindley, 456-8739, or bring them to the FWTC Championship Races.

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Group Running: During the month of May, practice runs are scheduled on Wednesday evenings at 6:00 pm at Foster Park near the old tennis courts. These runs are geared as fun runs and may be either slow or fast or long or short. There are no restrictions. To compliment the runs we will try to bring running applications and schedules for future races.

Dana Corporation has invested in a Par-Course inside the park, so bring a friend to get in shape while you are doing your thing. For those that do not know about the Par-Course, it is an exercise course for three types of persons: the beginner, the intermediate, and the advanced athlete.

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Address Change: Please notify our membership chairperson, Janice Shank, at 4033 Hampton Avenue, Ft. Wayne, Indiana 46808 or phone 483-6240 if there are any changes in your phone number or address. This will help update our membership files and keep our mailing accurate. Remember, the post office does not return bulk mail for address correction.

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FWTC - Track Club Roster: At the time of this writing we have more than 250 members, which does not include family memberships. As we grow, so does the work. Your help will be most helpful if you have a skill that can benefit the club. We have room for volunteers, either runners or non-runners, for club activities.

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I would like to thank some people who have spent an extraordinary amount of time helping our club and its races. Tom and Vicki Mather of the Ft. Wayne Racquet Club deserve to be mentioned because they were great supporters of our organization. Tom and Vicki will be moving to Celina, Ohio to the Lake Front Racquet Club.

All outstanding Gift Certificates at the Runner's Corner must be used by April 29, 1979. I, as well as many others, appreciate all the hard work. Thanks. All the best. FT. WAYNE TRACK CLUB - Don Lindley

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FWTC Lunchbreak: Tuesdays, May 1, May 15, and May 22, you may have lunch with me at Hall's Gas House, Superior Street, at 12:00 pm (Noon). The luncheon will be informal, and you may come and go as you please during the hour. Don Lindley

P. S. They have a very good chef salad.

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Coming in Next Month's Issue:

The Boston Marathon: Comments and results of our own FWTC members.

The Athletic's Foot Mini-Marathon: Results of race in Muncie, Indiana.

FWTC One Hour Run: A complete list of the winners.

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Reprinted from February, 1979, Hoosier Runner.

Open Letter to the Indiana distance running community:

"The AAU is a ripoff!" How often have you heard those words, or repeated them yourself--especially in reference to the \$4.00 yearly membership fee charged by the AAU in Indiana?

When viewed from the perspective of most distance runners in Indiana, the AAU to date has offered little or nothing to justify the \$4.00 charge for an AAU card. However, there are some changes that have taken place in the AAU in the last year or so that, in my view, call for a review of and perhaps a new outlook toward the AAU.

First of all, there's been a change in how the leadership assumes office. Prior to this past year, the Long Distance Chairman (with control over road running and cross country) was appointed by the State AAU President. More fundamentally, in the past the Chairman was little more than a figurehead, with all the important decisions (especially money-related matters) being made by the State President. This is no longer true. The Chairman is now

chosen by the AAU-Registered LD Clubs, and the Long Distance Committee has almost complete decision-making control and virtually complete financial authority over its own affairs.

The big problem is that there isn't much money, and thus much in the way of decision-making to control. That concern, too, has a possible solution in the making, but first a brief elaboration of the problem. Of the \$4.00 collected from each AAU registered athlete, only 50¢ is directly controlled by the Indiana Long Distance Committee ( 1.50 goes to the National AAU, \$1.00 for National administration, 50¢ for the National AAU Long Distance Committee, and \$2.00 goes to the State AAU for administration).

The solution referred to above involves an AAU national/state reorganization plan now in effect that will constitute each state Athletics Committee (track & field and long distance combined) as part of a national athletics organization, no longer controlled by the AAU. All this will take a year or so to wash out, but eventually could result in a state athletics organization with control over a larger share of the \$4.00 registration fee and, of greater significance, complete control over registration, sanctioning, and other general administrative functions.

For 1979, we're stuck with the present distribution of AAU monies. However, that still leaves the Long Distance Committee with a potential for \$1200-\$1500 in income for the year, and we plan to return as much of that as possible back to Indiana's AAU-registered distance runners. In the next issue of The Hoosier Runner I hope to be able to give you a more detailed breakdown of expenditures for 1979, but for now I merely want to offer a promise that you will be getting some direct return on your \$4.00 investment if you join the AAU.

What most distance runners dislike, however, is not the \$4.00 charge for the card, but the repressive manner in which "Members" are recruited--"if you don't join, you can't run!" We hope to do something in 1979 about that, too. As far as the runner is concerned, we want to be able to offer a real choice; Join the AAU and receive the following benefits--Ld Brochure with yearly race schedule, newsletter, reduced rates at AAU runs, and AAU medals awarded at Championship races. Or if you choose not to join, you'll still be able to participate in AAU races, but you'll not get the benefit of the reduced entry fees or you'll not be eligible to receive championship awards (although standard awards will still be given).

We still need to do a fair amount of negotiating before we can promise all this, but we're working at it. Who are we? We're a handful of distance runners who represent a small group of AAU-registered clubs (we pay \$35.00 in yearly club membership dues to the AAU) who could use some help! For those of you who think our goals have some merit and want to help, I'll also include some suggestions on that in next month's Hoosier Runner.

Finally, for now, just a small plea for some understanding on your part. If you want to criticize the AAU, please don't hesitate--I do it all the time. But please direct your criticism to the proper offender. Is it the National AAU?, The State AAU?, or the Long Distance Committee (or, plus Track & Field, the Athletics Committee)? These different groups will probably continue for some time to be called the "AAU". But they are, more accurately, separate and distinct aspects of a state and national sports organization that is experiencing considerable change in inner turmoil.

With some time and effort I think we can turn all this to the advantage of the running community in Indiana. We could use your advice and your help.

Steve Jones, HRRC Member & AAU LD Chairman

7th Annual Sam Costa Half Marathon, Sunday, February 11, 1979

1.	Bill Gavaghan	27	71:47	41.	Bill Heck	45	87:51	81.	Robert Benavides	53	101:01
2.	Phil Suelzer	27	73:17	42.	John Sites	27	87:51	82.	Paul Yant	35	101:28
3.	Rick Reitzing	26	73:45	43.	John Norris	40	87:51	83.	Dan Krause	26	101:53
4.	Chuck Koepfen	32	75:16	44.	David Fleming	30	88:28	84.	Roger Lamson	35	101:59
5.	Terry Guigley	24	76:24	45.	Jim Schneider	41	88:41	85.	Tim Lamaster	36	1:42:04
6.	Gary Deshimer	29	76:51	46.	Diane Bussa	17	88:46	86.	Mike Lamaster	40	1:42:25
7.	John Nordmeyer	26	77:37	47.	Carl Bowen	35	89:14	87.	Tom Woosnam	40	1:42:51
8.	Dean Nygard	18	78:36	48.	Bill Olds	29	89:31	88.	Duane Marshall	27	1:43:59
9.	Willie Young	26	79:11	49.	John Lutgung	32	89:39	89.	Duane Herdacker	27	1:43:02
10.	Carl Carey	41	79:16	50.	Steve Lewark	32	89:42	90.	Marilyn Rihardt	27	1:43:04
11.	Saul Epstein	42	80:26	51.	Scott Gibson	20	89:50	91.	John Warren	45	1:43:16
12.	Jack Heasley	38	80:45	52.	Robert Wells	33	90:31	92.	Lynn Bennett	27	1:43:20
13.	Brian Kirk	24	80:33	53.	Mark Yeaton	16	90:41	93.	Susie Rader	31	1:43:29
14.	Tom Deardorff	24	80:56	54.	John Elliott	30	91:11	94.	Erik Hume	13	1:43:37
15.	Don Stemon	25	81:15	55.	Bill Wilham	32	92:06	95.	Bruce Bubenzer	40	1:43:59
16.	Curt Carey	15	82:35	56.	Frank Vanarsdall	17	92:40	96.	Carter Quanz	11	1:44:18
17.	Douglas McClure	24	83:13	57.	Don Ireland	37	92:45	97.	Ken Quanz	41	1:44:47
18.	Bill Reams	18	83:18	58.			93:07	98.	Roger Keirn	25	1:45:21
19.	James Loffler	32	83:24	59.	George North	35	93:17	99.	Nancy Bussa	40	1:45:34
20.	Keith Steener	27	83:45	60.	George Pratus	37	93:20	100.	Jim Wiltzerman	16	1:45:47
21.	Ken Long	40	83:55	61.	Bob Scott	48	93:30	101.	John O'hara	47	1:46:39
22.	William Park	41	84:00	62.	Ricke Stucker	31	94:13	102.	Mark Barley	23	1:48:36
23.	Don Williams	37	84:06	63.	Bud Stiffler	40	94:26	103.	Bill Carter	32	1:51:38
24.	Bill Butler	28	84:16	64.	John Cleland	27	94:35	104.	Earl Powers	36	1:52:25
25.	Steve Lubber	26	84:19	65.	Matt Grams	17	95:29	105.	Dihogne, Leo	31	1:54:30
26.	Paul Goble	44	84:32	66.	Robert Addington	25	95:29	106.	Ann-Marie Prieshoff	33	1:55:02
27.	Steve Voss	27	84:44	67.	Tom McCort	36	96:01	107.	Daniel Wickliff	32	1:57:42
28.	Jack Brake	36	84:53	68.	Howard Wright	46	97:20	108.	Lena Williams	32	1:57:42
29.	Myron Meyer	51	84:56	69.	Jim Rahney	32	97:20	109.	Diane Cartwright	15	1:59:57
30.	Mike Day	37	85:05	70.	Ken Mahlke	30	97:30	110.	Michael Sullivan	36	2:04:02
31.	Mike Houchin	20	85:28	71.	Jim Cartwright	41	98:03	111.	Eric Arnold	25	2:06:47
32.	Bill Irvine	18	85:40	72.	Andy Theal	16	98:08	112.	Hunter Gohn	49	2:12:17
33.	Barren Wickliff	17	85:50	73.	Tom Hathaway	46	98:12	113.	David Waters	14	2:22:35
34.	Jere Kunzle	35	85:52	74.	Dean Rich	18	98:27	114.	Steve McCray	31	2:26:06
35.	Dave Huseland	17	85:57	75.	Craig Pinkers	36	98:28				
36.	Joe Cooper	22	86:24	76.	Dave Kruezman	25	99:132				
37.	Mac Hufford	34	86:35	77.	R. L. Cunningham	38	98:39				
38.	Jim Kleeling	34	87:03	78.	Lora Cartwright	17	98:49				
39.	Eric Eschenfelder	13	87:09	79.	Mike Webb	39	99:49				
40.	Charlie Baker	40	87:19	80.	Nelson Steele	40	100:12				

\* FWTC - Men ers

2nd ANNUAL LAKE SHAFER RUN

ELEVEN (11) MILE RUN

ELEVEN (11) MILE RUN

May 12, 1979 - Saturday  
Race Time - 11:00 AM  
Registration Begins - 10:00 AM

Register at INDIANA BEACH CAMPGROUND - Across from the entrance of Indiana Beach, Lake Shafer, approximately 4 miles north of Monticello, IN.



ENTRY FEE: \$3.00  
COURSE: Relatively flat black top with two or three rolling hills. Course completely circles Lake Shafer.

DRESSING FACILITIES: Complete shower facilities for men and women. Drinking water, etc.

LODGING: Camping available with nominal fee. Resorts also available.

AWARDS & DIVISIONS: Ribbons to all finishers

Men: 3 trophies each  
Jr. High & Under  
High School  
Open to 29  
30-39  
40-49  
50-59  
59 & Over

Women: 3 trophies each  
High School & Under  
19 to 29  
30 & Over

CONTACT: Larry Utterback (219)583-3143  
100 N. Countrybrook Drive  
Monticello, IN 47960

ENTRY: I do hereby waive & release my rights or those of my heirs, for any and all claims or damages for injuries that I may receive as a direct result of my participation in the Lake Shafer 11 mile run on May 12, 1979 against the county of White, Indiana Beach Campground, or any elected or appointed officials or organizations or affiliates.

NAME \_\_\_\_\_ DIVISION \_\_\_\_\_ AGE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_  
City, State, Zip-Code

Note: Organizers remind all that a race of this distance requires adequate preparation prior to entering.

# 10th Annual Windy Seven, Sunday, March 11, 1979

1. Joe Sherman	22	36:35	94. Philip Carr	19	47:44	189. David Wencke	21	53:54
2. Chuck Koeppen	33	36:40	95.		47:47	190. Richard Lasbury	44	54:03
3. Doug Osborne	25	36:44	96. Mark Graver	17	47:50	191. Roger Kobayashi	36	54:05
* 4. Gary Dixheimer	29	37:49	97. Joe Woolf	20	47:53	192. Diana Cartwright	15	54:07
* 5. Phil Suelger	27	38:16	98. Paul Howell	34	47:55	193. Steve Luedeman	32	54:13
6. Mike Slaubaugh	18	38:25	99. Drum Wright	38	47:56	194. Paul Jung	15	54:15
7. Bill Shuey	17	38:54	100. William Tutorow	55	48:00	195. Steve Priddy	30	54:22
8. Tom Jarecky	20	38:59	101. Dan Wickliff	16	48:05	196.		54:23
9. John Bixby	16	39:22	102.		48:08	197. Carl Jones	55	54:25
10. Carl Carey	42	39:28	103. Roger Kates	24	48:17	198. R. J. Hoffman	36	54:26
11. Gary Hall	31	39:30	104. Tom Barker	41	48:22	199. Fred Koss	36	54:31
12. Curt Carey	15	40:25	*105. Daniel Hannaford	32	48:28	200. N. Stacy Lankford	32	54:35
13. Paul DeCousey	33	40:32	106. Jim Stark	40	48:32	201. Pat Paul	32	54:51
* 14. Jerry Mazock	26	40:36	*107. Herb Chantler	45	48:45	202. Jim Hunger	26	55:09
15. Scott Beasley	17	40:57	108. Garland Gowen	46	48:48	203. Randy Cunningham	33	55:10
16. Ed. Miller	27	41:02	109. Doug Bruns	23	48:52	204. Susan Leffler	30	55:17
17. Larry Meredith	21	41:15	110. Terry Habbigan		48:53	205. John Pickell	35	55:32
18. Diane Bussa	17	41:16	111. John Hinshaw	25	49:03	206. Robin Seigler	23	55:43
19. Joe Cooper	22	41:17	112. Steve Rossman	30	49:11	207. Laura Long	16	55:47
20. Tom Perry	24	41:18	113. Dorran Vogler	38	49:16	208. Lee Ann Case	14	55:52
21. Steve Luber	26	41:22	114. Mike Davis	15	49:21	209. Dale Martz	39	55:59
22. John Lutgring	32	41:25	115. Jim Brown	46	49:22	210. John E ds	36	56:08
23. Tom Jensen	16	41:27	116. Joe Ketterman	28	49:29	211. Doug Weber	31	56:08
24. Dave Swanson	25	41:34	117. Dan Pfleging	31	49:30			
25. Richard Myers	26	41:40	118. Jeff Wheeler	11	49:33	*212. Pat Cartwright	37	56:11
26. Tim Robertson	18	41:47	119. Jay Wheelchel	40	49:35	213. Tom Strouse	62	56:13
27. Ken Long	40	41:49	120.		49:37	214. Jack Lopez	15	56:16
28. Dusel Gordon	29	41:52	121. Steve Gierdorf	31	49:37	215. Keith Neylon	13	56:18
29. Jim Kiesling	34	41:56	122. Mike Hess	34	49:37	216. Hunter Goin	49	56:24
30. Eric Eschenfelder	13	42:00	123. Timothy Quillen	22	49:49	217. Sandy Renner	23	56:27
31. James Leffler	32	42:05	124. Bill Deiser	32	50:08	218. Steve Lawson	26	56:30
32. Rick Wortman	31	42:13	125. Bill McNabaey	35	50:10	219. Lee Ann Weidman	13	56:30
33. John Wiening	18	42:32	126. Dick Page	46	50:12	220.		56:32
34. Bill Butler	28	42:39	127. Marty Bixby	38	50:18	221. Bill Baker	52	56:36
35. Paul Goble	44	42:46	128. Rick Belden	30	50:24	222. Jim Loehr	33	56:41
36. Cary Smith	16	42:47	129. Mark Dodson	16	50:28	223. Orlo Blomquist	60	56:51
37. Jim Caviness	45	42:53	130. Lynn Bennett	27	50:29	224. John Turner	15	56:59
* 38. Myron Meyer	51	43:12	131. Fred Selby	31	50:30	225.		57:07
39. Charlie Baker	40	43:17	132. Larry Utterback	40	50:38	226. Marlene Hallam	37	57:12
40. Mike Schulz	30	43:19	*133. Lynn Milner	42	50:40	227. Steve Reynolds	16	57:14
41. Steve Lewark	32	43:21	134. Bruce Gruedzler	23	50:42	228. Brad Hughey	17	57:24
42. Bill Irvine	18	43:27	135. Donald Carr	22	50:44	229. Don Chapman	12	57:28
43. Steve Lenahan	23	43:40	136. Laurie Gedrites	17	50:46	230. Bill Lindner	50	57:31
44. Steve Voss	27	43:50	137. Steve Cashman	12	50:47	231. Steve Broshes	33	57:39
45. Dennis Williams	30	43:54	138. Marilyn Reichardt	27	50:47	232. Charles Titcher	14	57:46
46. Paul Drew	30	44:00	139. Larry Woodling	44	50:48	233. Molly Molloy	16	57:52
47. Paul Eschenfelder	43	44:10	140. Roger Reynolds	25	50:56	234. Chris Watt	14	57:53
48. Paul Geyer	16	44:15	141. Tim Lemaster	36	51:07	235. Mike Welch	29	58:05
49. Kevin McCard	16	44:25	*142. Cindy Caldwell	22	51:10	236. Marc Duning	34	58:29
* 50. Laura Cartwright	17	44:29	143. Bernie Huesing	46	51:19	*237. Phyllis Suelzer	26	58:36
51. Joyce Urish	25	44:33	144. Nancy Staub	20	51:22	*238. Amy Cartwright	12	58:43
52. Ray Vulgan	35	44:42	*145. Ron Motycka	34	51:24	239.		58:45
53. Robert Brown	16	44:45	146. Mike Lamasters	40	51:27	240. Mike Stoll	26	58:46
54. Charlie Ormiston	16	44:49	147. Mark Lasbury	14	51:27	241. Paula Hannigan	27	58:57
55. Steven Bohner	17	45:04	148. Windel Parson	58	51:33	242. Jeff Hunter	25	58:57
56. Richard Wilson	47	45:07	149. Paul Yant	35	51:36	243. Dave Cornelius	30	59:20
57. Fred Harson	33	45:09	150. Jeff Vorick	31	51:50	244. F. Deherdt	49	59:29
58. Steve Johnson	16	45:18	151. George Pheats	31	51:55	245. Darwin Hiatt	41	59:31
59. Bob Hanerck	14	45:25	*152. Harry Miller	32	52:00	246. Don Weber	37	59:34
60. Lee Stewart	34	45:26	153. Ruben Garcia	31	52:00	247. Ron Johns	38	59:35
61. Eric Brandenburg	16	45:27	154. Chris Elmore	19	52:09	248. Don Stafford	38	59:57
62. Tom Irvine	14	45:40	155. Jim McKeard	52	52:11	249. Tom Wheeler	36	60:02
63. Dayse Martin	44	45:43	156. Duane Heidecker	40	52:11	250. Eugene Schick	29	60:08
* 64. Don Lindley	35	45:43	157. Mike Wucy	23	52:12	251. Kay Landis	27	60:33
65. Chris Macrelli	21	45:54	158. Kevin Monaghan	25	52:21	252. Radka Caviness	40	60:36
66. Mark Adams	20	45:59	159. Nancy Bussa	40	52:21	253. Jim Morrison	47	60:50
67. Mike Houchin	20	45:59	160. Bret Neylon	12	52:27	254. Ed Hollingsworth	40	61:08
68. Terry Elliott	15	46:04	161. Eric Smith	26	52:28	255. Sue Lineberry	41	61:25
69. Jerry Pierce	12	46:05	162. Wallig Brant	29	52:32	256. Steve Shuey	15	61:51
70. Sam Johnson	33	46:13	163. Charles Malick	30	52:36	257. Norman Wickliff	44	62:14
			164. Kevin O'Neil	30	52:37	258. Larry Sebeckis	31	62:31
			165. Brian Stommell	12	52:40	259. Tim Guy	32	62:34
71. Bob Quackenboss	32	46:14	166. Kelly Ferrel	38	52:41	260. Fred Watt	16	63:03
72. Charlie Sanders	28	46:17	167. Richard Campe	40	52:41	261. John Breitwieser	47	63:40
73. Ronald Cunningham	38	46:25	168. John Hodge	34	52:54	262. Dan Bowsen	38	63:48
74. Carl Wells	32	46:25	169. Philip Black	29	52:57	263. David Lasbury	12	63:56
75. Dennis Lind	34	46:26	170. Steven Wilson	44	52:58	264. John Avzins	42	64:11
76. Gary Gosch	21	46:31	171. Bob Armstrong	26	53:05	265. Mike Cord	43	64:23
* 77. Fred Ross	38	46:31	172. Clare Coxey	40	53:06	266. Harvey Zinschlab	36	64:23
78. Dave Peters	30	46:31	173. Mike Hill	37	53:07	267. Marcia Haartje	32	64:56
79. Mike Priest	37	46:31	174. Noll Bewley	29	53:08	268. Jim Wells	31	64:58
80. Mickey Hess	34	46:45	175. Rick Griffin	29	53:10	269. John Gamble	41	65:23
81. Charles High	32	46:49	176. Mike Utterback	35	53:13	270. John Lester	32	66:05
82. Matt Hannigan	27	46:52	177. James Albertson	16	53:13	272. Larry Renner	28	66:12
83. Jim Cartwright	41	46:55	178. Rich Lineberry	13	53:17	273. Rick Renne	27	66:24
84. Bob McNamara	31	46:56	179. Bob Logan	40	53:21	274. Harold Frye	58	66:26
* 85. Chris Stauffer	46	47:06	180. Billy Sedam	51	53:23	275. Jama Howers	26	68:07
86. Rod Stilles	32	47:09	181. Tom Spray	34	53:38	276. Jack Smith	48	69:14
87. Eric Arnold	25	47:09	182. Mike Kinchak	21	53:42	277. Mike Crowe	32	69:14
88. Maryln Mippold	27	47:21	183. David Steffy	35	53:45	278. Barbara Weidman	39	70:18
89. Allen Barns	34	47:29	184. Wm. Irvine	43	53:49	279. Jessica Benson	7	73:21
* 90. Eugene Striggle	48	47:30	185. Marty Sandefer	29	53:50	280. Edwin Wossley	59	74:47
* 91. Tom Lindley	17	47:35	186. Drew Gaylord	15	53:51	281. Susan Lemm	25	80:18
* 92. Fred Deiser	29	47:40	187. Bill Carter	32	53:52			
93. Jim Soots	17	47:42	188. Dave Keaton	19	53:53			

\* FWTC Member

RACE CALENDAR

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Contact</u>
May 5	8:30am	Dick Lugar's Fitness Festival - 6.2 Mile	Indianapolis, In.	1
	9:00am	Terre Haute Distance Classic - 20KM & 5KM	Terre Haute, In.	7
	10:00am	2nd Annual Saginaw/Bay Marathon	Saginaw, Mi.	10
May 6	9:00am	Avon Nat'l. Women's AAU 30KM Champ's. & 5 Mile	Springdale, Oh.	39
	1:15pm	10KM South Bend Spring Classic	South Bend, In.	11
	n/a	Johnson's Mound 50KM, 50 Mile, 100KM	Aurora, Il.	6
	* n/a	Big Brother - Big Sister 5KM - Franke Park	Ft. Wayne, In.	12
May 12	10:00am	25KM Old Kent River Bank Run	Grand Rapids, Mi.	13
	10:00am	11 Mile Lake Shafer Run	Monticello, In.	14
	4 & 5:30pm	HRRRC State One Hour Run - Taylor H. S.	Kokomo, In.	15
	10:15am	Oxbow 3 Mile & 10 Mile	Elkhart, In.	2
May 13	9:45am	Bloomington Track Club 30KM	Bloomington, In.	3
May 19	9:30am	Maple City 10KM	La Porte, In.	30
	10:00am	Marathon & 10KM, Gilboa H. S.	Gilboa, Oh.	16
	12:00pm	Anderson Bike Path Run	Anderson, In.	8
May 20	8:00am	Midwest Master's One Hour Run	Naperville, Il.	9
	9:00am	Revco Cleveland Marathon	Cleveland, Oh.	37
May 25	10:00am	Indy Mini-Marathon	Indianapolis, In.	24
May 28	8:30am	Northern Indiana Gold Cup Race 10 & 5 Mile	Chesterton, In.	25
	n/a	20KM AAU Nat'l. Master's Championships	Washington, D. C.	26
	n/a	Flatlander's Folly 7 Mile & 2 Mile Fitness	Nashville, In.	5
Jun 2	7:00am	8th Annual Marathon & 6 Mile	Terre Haute, In.	17
Jun 3	9:00am	Anheuser-Busch Light Beer & The Old West-end Spring Festival 15KM	Toledo, Oh.	18
Jun 6	6:00pm	Northern Indiana Gold Cup, Ogden Dunes	Chesterton, In.	25
Jun 7	6:00pm	440 (Boys & Girls 13 & Under), Women Mile Run, 5KM Road Run - Taylor H. S.	Kokomo, In.	15
Jun 9	8:00am	Michiana Lung Run 5KM & 15KM, Howard Park	South Bend, In.	27
	10:00am	5 Mile Greentown Glass Festival	Kokomo, In.	19
	5:00pm	Hoosier Hills Festival Runs - 5KM & 15KM	Bloomington, In.	3
	n/a	5 Mile - In conjunction with the H. S. "Midwest Meet of Champions"	Ft. Wayne, In.	4
Jun 10	8:00am	Run for the Roses 10 Mile	Melrose Park, Il.	38
	1:00pm	13.1 Chain O'Lakes Marathon	Albion, In.	20
Jun 12	6:00pm	Ranger Run 5KM	Kokomo, In.	21
Jun 16	5:00pm	Anderson Bike Path Run	Anderson, In.	8

\*Due to the distance, this race will be exempt as a FWTC Championship/Point Race.

10th Annual Windy Marathon, Sunday, March 11, 1979

1. Sol Epstein (tie)	38	2:37:02	94. Bill Yates	44	3:28:51
2. Willie Young	27	2:37:02	95. Jim Yaniglos	27	3:29:30
* 3. Rick Reitzug	21	2:40:07	96. Roy Carey	47	3:29:47
4. Bob Malodzinski	27	2:41:10	97. Ernest Perry	42	3:30:32
5. Tom Sobel	21	2:42:58	98. Terry Blackstone	32	3:30:47
6. Chuck Bossart	18	2:43:44	99. Chris Croy	22	3:30:48
7. Tom Kaufman	25	2:44:04	100. James Royston	36	3:30:51
8. Rick McQueen	19	2:44:30	101. Cindy Schaulis	36	3:30:54
9. Steve Fader	22	2:46:32	102. Jay Waggoner	31	3:31:10
10. Scott Warenham	27	2:46:59	103. Howard Henry	58	3:31:43
11. Jon Pickard	29	2:47:10	104. Pam Archer	23	3:31:50
12. Jack Beasley	42	2:47:38	105. John Warren	45	3:32:07
13. David Reinking	21	2:48:31	106. Dave Huseland	17	3:32:35
14. Jerry Smith	38	2:48:38	107. Herman Sommerville	39	3:32:45
15. Ralph Trimmer	20	2:48:38	108. Don Reinholdt	42	3:33:08
16. Damien Howell	29	2:50:21	109. Nelson Steele	40	3:33:16
17. Jerry Pierce	31	2:51:05	110. Craig Pinkus	36	3:34:04
18. Pete DiSalvo	30	2:51:22	111. John Locke	30	3:34:14
19. Bill Reams	18	2:52:11	112. Darren Wickliff	18	3:35:25
20. Keith Meiklereid	34	2:52:17	113. Ted Hartshorn	46	3:35:28
21. Harry Maroulakos	23	2:52:34	114. Brenda Hann	28	3:37:40
22. Steve Mohnsen	21	2:52:34	115. Bill Duncan	31	3:37:41
23. Ralph Stadelman	32	2:54:59	116. James Brandenburg	48	3:38:10
24. Paul Brandenburg	23	2:55:05	117. Dan Hathaway	49	3:38:25
25. Jim Rockovich	43	2:55:34	118. Dill Dorrell	39	3:38:53
26. Bruce Bylsma	20	2:55:42	119. Bill Crouse	31	3:39:15
27. Dave Clark	26	2:55:45	120. Sam McNamee	26	3:39:24
28. Todd Miller	25	2:56:19	121. Earl Parker	28	3:40:11
29. Peter Lerner	26	2:57:20	122. Benavides, Robert	53	3:41:44
30. Angel Campesino	32	2:57:38	123. George Myers	47	3:43:27
31. Tom Rau	30	2:57:41	124. Felix LeBlanc	43	3:43:58
32. Paul Mootz	37	2:57:51	125. Mark Bailey	23	3:44:20
33. Glen Chaperis	25	2:58:05	126. Keith Burnes	43	3:45:27
34. Jerry Oetken	43	2:58:08	127. Henry C. Soltermann	23	3:45:37
35. Greg Parrett	29	2:58:19	128. Paul Williams	54	3:45:47
36. Brian Kirik	24	2:58:32	129. Larry Stelzer	40	3:45:48
37. Lee Dye	43	2:58:35	130. Bruce Barnett	28	3:46:13
38. Robert T. Coplica	34	2:59:29	131. Bob Stiehl	39	3:48:09
39. Arch Montgomery	26	2:59:53	132. John Webb	47	3:48:19
40. Ken Keener	26	3:00:26	133. Mike Dempsey	32	3:48:52
41. Tim Lynch	24	3:01:40	134. Dick Ertle	38	3:50:37
42. Don Williams	37	3:01:55	135. Wayne Stephenson	15	3:51:57
43. Dick Park	41	3:03:07	136. Gerry Langbam	32	3:52:31
44. Mark K. Williams	27	3:03:25	137. Jule Fry	36	3:53:22
45. Bob Furnish	33	3:03:41	138. Joe Mivland	42	3:53:56
46. Edward Miller	30	3:03:59	139. Dave McPherson	26	3:54:08
47. William Suter	34	3:04:57	140. Corkey North	35	3:57:39
48. Charles Kielkopf	43	3:05:03	141. Ben Buckner	40	3:58:41
* 49. Joseph Barile	42	3:05:08	142. Bill Kawalisyn	57	3:58:45
50. Tom Nordheim	18	3:05:51	143. Bob Brockhoff	31	3:59:13
51. Randall Hansard	22	3:06:34	144. Tom Woosnam	40	4:00:37
52. Brian Brierrini	25	3:07:06	145. Tom Bassa	50	4:00:40
53. Carl Bove	35	3:07:40	146. Kathryn Wong	29	4:00:41
54. Joan Greenwald	37	3:07:47	147. Chuck Kronback	37	4:00:58
55. Mark White	27	3:08:24	148. Jim Hackard	32	4:01:26
56. Robert Stephens	35	3:08:31	149. Dale Ostler	44	4:01:32
57. Tom Burns	29	3:08:41	150. David Cook	34	4:01:37
58. Pete Mathis	34	3:08:56	151. Rick Rogers	27	4:03:55
59. Rick Vorick	28	3:09:33	152. Joe Woosley	29	4:07:15
60. Jan Kiley	37	3:10:37	153. Pat Miller	36	4:11:07
61. Paul Dubois	31	3:11:30	154. Berek Rosenshine	45	4:11:08
62. Nager Frank	18	3:11:46	155. Norman Ashby	55	4:13:08
63. David Dodge	33	3:12:22	156. Paul Georges	50	4:13:12
64. Fox Ferrel	38	3:13:05	157. Gerhard Weber	41	4:15:33
65. Walt Collet	34	3:14:08	158. Denny Fryman	31	4:17:55
66. Chris Graol	28	3:14:27	159. Roger Keirn	25	4:20:57
67. Tom Hathaway	43	3:14:46	160. Doug Rickey	26	4:22:48
68. Samuel Fox	22	3:15:49	161. Richard King	59	4:23:22
69. Cr... Dear	31	3:16:11	162. Richard Moore	38	4:23:45
70. John Sites	27	3:16:49	163. John P. Eimermacher	39	4:25:39
71. Art Obregon	31	3:16:57	164. Larry Hitzeroth	35	4:26:11
72. Jim O'Brien	35	3:16:59	165. Rick Schimmoller	28	
73. Tom Whitehead	24	3:17:57	166. Tom Lustrude	43	4:38:13
74. Frank Cashman	47	3:18:16	167. Bonnie Karl	36	4:38:17
75. Dick Herman	36	3:18:35	168. Russel Ashby	65	4:44:47
76. Larry Hankins	23	3:18:59	169. Doug Irwin	42	4:44:47
77. Peter Newcome	28	3:19:05	170. William Vanantwerp	30	4:51:37
78. James Weivman	41	3:19:39	171. Gilbert Hickman	37	4:57:40
79. John Sensenig	43	3:19:42	172. James Gilbert	56	4:59:14
80. Mary Ann Gedritis	19	3:19:52			
81. Jim Benston	34	3:20:07			
82. Herb Ufkes	50	3:20:09			
83. Jim Schneider	41	3:23:40			
84. Bill Heck	45	3:23:45			
85. Garry Tutorow	31	3:23:55			
86. Bob Wells	33	3:24:03			
87. Paul Young	34	3:25:07			
88. Jim Gerard	46	3:25:49			
89. Ed Hopper	39	3:25:56			
90. Wayne Powell	39	3:26:07			
91. Tom McCort	36	3:26:13			
92. David Losey	26	3:26:27			
93. Tom Coulon	40	3:27:38			

\* FWIC Members

The Windy Marathon and the Windy Seven was well ran this year. Last year, during the energy crisis Carmel Clay Junior High School was closed for the runners. Restrooms, showers, and lockers were not available, what a difference this makes, especially when you are running a marathon.

The name of the race does not indicate what it says, but always come prepared to run in cold weather.

Both courses are certified. Roads are blacktop and flat to gently rolling. The figure eight loop in the marathon makes it an interesting course. The last mile is slightly uphill all the way but if you made it that far nothing will stop you.

If you would like to see the start and finish of a marathon try running the Windy Seven. This event starts after the last runner in the marathon passes the seven mile mark, then you should be able to finish your seven mile run in ample time to watch the first place marathoner

RACE CALENDAR Con't.

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Contact</u>
Jun 17	8:00am n/a	9th Glass City Marathon Michigan City 15KM - Featuring Gary Bjorklund	Toledo, Oh. Michigan City, In.	40 28
Jun 19	6:00pm	Ranger Run 8KM	Kokomo, In.	21
Jun 21	6:00pm	880 (Boys & Girls 13 & Under), One Hour Run (Track)	Kokomo, In.	15
Jun 23	10:00am 6:00pm n/a	The Dannon-Oglesby 10KM Classic Fireman Six Mile Race Midwest Master's Outdoor T & F Champ's. N. Central College (30 & Over Only)	Oglesby, Il. North Judson, In. Naperville, Il.	22 31 9
Jun 24	n/a	Anderson White River Run	Anderson, In.	29
Jun 26	6:00pm	Ranger Run 10KM	Kokomo, In.	21
Jun 30	9:00am	Bunker Hill Festival 5 Mile Run	Bunker Hill, In.	23
Jul 7	9:00am	Prairie Creek 15KM	Muncie, In.	32
Jul 15	7:00am	Three River's Marathon	Ft. Wayne, In.	33
Jul 21	n/a	East Chicago 4	East Chicago, In.	34
Jul 28	5:00pm	Morgan Monroe 10 Mile Run	Bloomington, In.	3
Aug 7	6:30pm	Cornfield 4	Rensselaer, In.	35
Aug 11	4:30pm	Keep On Stridin 10KM	Kokomo, In.	15
Aug 12	2:00pm	"Media Race" 3 Mile	Ft. Wayne, In.	36

## CONTACT ADDRESSES

1. Fitness Festival Butler Univ., 4600 Sunset Lane, Indianapolis, In. 46208
2. Leo Denault 25855 Kiser, Elkhart, In. 46514
3. Ray Vandersteen 1358 Mercedes Dr., Bloomington, In. 47401 (812)-399-8620
4. John Kline 2410 Oakridge Rd., Ft. Wayne, In. 46805
5. Cris Curtin Box 475, Nashville, In. 47448 (812)-988-7542
6. Aurora YMCA - Dick Collins 402 Spruce St., Aurora, Il.
7. Pat Madison Dep't. of Geography & Geology ISU, Terre Haute, In. 47809
8. Gary Estle P. O. Box 1873A, Anderson, In. 46014
9. Wendall Miller 180 N. LaSalle St., Chicago, Il. 60601 (312)-236-1315
10. Marathons: Forddy Kennedy c/o Physical Education Office, Delta College, Univ. Center, Michigan 48710
11. Steven & Margaret Crockett 1152 Whitehall Dr., South Bend, In. 46615
12. Big Brothers - Big Sisters 919 Fairfield Ave., Ft. Wayne, In. 46802
13. Old Kent River Bank Run P. O. Box 2194, Grand Rapids, Mi. 49501
14. Larry Utterback 100 N. Countrybrook Dr., Monticello, In. 47960
15. Floyd & Linda Stinchcomb 5204 Algonquin Trail, Kokomo, In.
16. Sy Mah Univ. of Toledo, P. O. Box 52, Gilboa, Oh. 45847
17. Dave Phegley Bureau of Conferences & Special Events, Marathon-Marathon, IN State Univ., Terre Haute, In. 47809
18. Gordon Mellish 2503 Glenwood Ave., Toledo, Oh. 43610
19. Brad Shrock (317)-628-3728
20. Albion Park & Rec. Dep't. 110 South Orange St., Albion, In. 46701
21. Ricke Stucker (317)-455-0427
22. Art Sarver 219 Church St., Oglesby, Il. 61348
23. John Norris (317)-395-7761
24. "500" Festival Associates, Inc. One Indiana Square, Suite 1665, Indianapolis, In. 46204  
(317)-636-4556
25. Steve Kearney 319 E. Morgan, Chesterton, In. 46304 (219)-926-1750
26. George Vernosky 5004 Glen Cove Parkway, Washington, D. C.
27. Jane O'Bryan ?
28. Denny Martinson Box 372, Michigan City, In. 46360
29. Race Director, White River Run Box 1090, Anderson, In. 46015
30. Dave Heuer 3 Phil Court, La Porte, In. 46350
31. Dr. Herb Nefkes 203 Leslie, North Judson, In. 46366 (219)-896-2108
32. Jim Cartwright 4605 Garver Dr., Muncie, In. 47304
33. WKJG - TV33 2637 W. State St., Ft. Wayne, In. 46808
34. Jesse Gomez 3827 Grand Blvd., East Chicago, In.
35. Dave Smith 317 Park St., Rensselaer, In. 46312
36. Don Goldner 9525 Muldoon Rd., Ft. Wayne, In. 46819
37. Rern Starnoni P. O. Box 46627, Bedford, Oh. 44146
38. Peggy Heidkamp Westlake Community Hospital, 1225 Superior St., Melrose Park, Il. 60160
39. Avon Nat'l. Championships P. O. Box 20109, Cincinnati, Oh. 45220
40. Arthur S. Johnson 2520 Aldringham Rd., Toledo, Oh. 43606

When writing, be sure to enclose a self-addressed stamped envelope.



FT. WAYNE TRACK CLUB

Are you a long distance runner, a jogger, or a person interested in regaining or maintaining physical fitness? If so, the Ft. Wayne Track Club is for you. You don't have to be a champion to join. All that is required is an interest in running.

The Ft. Wayne Track Club is an organization founded to promote running as a sport and healthy exercise. The Club sponsors monthly events for the jogger as well as the highly trained competitive runner. These monthly events offer everyone a chance to run regardless of age, sex, or athletic proficiency. Special age divisions are provided to encourage equal levels of competition such as: 14 or under, 15-29, 30-39, 40-49, 50 and over and a women's division. Awards are presented to the winners in each division and all participants receive official times which are published in the Track Club Newsletter which is received by members each month. The Newsletter includes training tips, medical advice, running philosophy, road race results and a schedule of coming events. The emphasis is on participation rather than on winning, however, each race gives us a chance to measure our own fitness and a chance to meet people with a common interest.

On the National level, you will receive from the Road Runners Club of America (RRCA) the quarterly newsletter "Footnotes". All fees and membership dues are used exclusively for the Ft. Wayne Track Club and RRCA programs. A treasurer's report is published at least once a year.

\*APPLICATION\*

(Please Print)

\_\_\_\_ New Member  
\_\_\_\_ Renewal

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone/Home \_\_\_\_\_ Phone/Work \_\_\_\_\_

Occupation/Employer \_\_\_\_\_

\_\_\_\_\_ Annual Membership - \$5.00 - Calendar Year

PLEASE MAKE ALL CHECKS PAYABLE TO THE "FORT WAYNE TRACK CLUB"

Dues include Family Membership. Please list names of those entering the club \_\_\_\_\_

Please mail to: Janice Shank, 4033 Hampton Ave., Fort Wayne, IN 46808

For Further Information call Charlie Brandt - 432-9110 or Don Lindley - 456-8739

**Ft. Wayne Track Club  
4033 Hampton Avenue  
Ft. Wayne, IN 46808**

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